



Arlington High School Class of 2022

August 21, 2019

A Message From the East House

IMPORTANT DATES & EVENTS

- September 2**– Labor Day
- September 5**– First Day of School
- September 11, 12**– Picture Days
- September 26**– Assembly Day
- September 30**– Rosh Hashanah -
School Closed
- October 3**– High School Open House
AHS dismisses at 10 am
- October 9**– Yom Kippur - School
Closed
- October 10** - Sophomore Parent Night
- October 14**– Columbus Day - School
Closed
- October 24**– Prof. Development ½
Day MS/HS dismisses at 10 am
- November 5**– Supt. Conf. Day -
Students do NOT attend
- November 8**– End of First Marking
Period
- November 11**– Veterans Day - School
Closed
- November 27-29**– Thanksgiving
Recess- School Closed
- December 23-31**– Winter Recess-
School Closed
- January 1**– New Year’s Day - School
Closed
- January 24**– End of Second Marking
Period

Dear AHS Community,

We hope everyone is enjoying a healthy and happy summer! During last school year, 9th grade students learned much about AHS, their content areas, and hopefully themselves! The balance between work and “play” that our young students are managing are similar to the real world scenarios they will experience into adulthood. This upcoming school year the Class of 2022 enters 10th grade. We are excited about the opportunities for learning and growth in the year ahead!

We hope the following information will assist students and families in thinking about planning for 10th grade and beyond. Feel free to click on any hyperlinks or emails to gain further information on any particular topic. 10th grade offers all students an opportunity to start anew and to take another step toward graduation and successes beyond. This year we are focusing on Carol Dweck’s [Mindset](#) as our approach toward continued growth and success for our students. Please see page 2 of this newsletter for more information on [Mindset](#).

We look forward to strengthening relationships and working with families as a foundation for the years to come.

Warm Regards,

Mr. Richard
House Principal

Mr. Zucchero
Assistant Principal

Important School Information: Parents/Guardians please be aware that all students are responsible for knowing the contents of the [AHS Student Handbook](#) and the [District Code of Conduct](#)

The Power of a Growth Mindset



Every so often a truly groundbreaking idea comes along. This is one. Mindset explains:

- Why brains and talent don't bring success
- How they can stand in the way of it
- Why praising brains and talent doesn't foster self-esteem and accomplishment, but jeopardizes them
- How teaching a simple idea about the brain raises grades and productivity
- What all great CEOs, parents, teachers, and athletes know

Mindset is a simple idea discovered by world-renowned Stanford University psychologist Carol Dweck in decades of research on achievement and success—a simple idea that makes all the difference.

In a fixed mindset, people believe their basic qualities, like their intelligence or talent, are simply fixed traits. They spend their time documenting their intelligence or talent instead of developing them. They also believe that talent alone creates success—without effort. They're wrong.

In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment. Virtually all great people have had these qualities.

Teaching a growth mindset creates motivation and productivity in the worlds of business, education, and sports. It enhances relationships. When you read Mindset, you'll see how.

Source: mindsetonline.com

More information can be found [here](#).

Please see [Welcome Back Letter](#) by Executive Principal Dr. Fanuele

Summer Reading Assignment 2019

ARLINGTON HIGH SCHOOL ENGLISH DEPARTMENT

Honors AND Regents level students entering Grade 10 need to read one book from the list below.

Each book is linked to [Overdrive](#) where you can find free ebooks and audiobooks through your local library!

Title - Author

[The 57 Bus](#) - Slater, Dashka

[An Abundance of Katherines](#) - Green, John

[The Bean Trees](#) - Kingsolver, Barbara

[Becoming](#) - Obama, Michelle

[Childhood's End](#) - Clarke, Arthur C.

[The Curious Incident of the Dog in the Nighttime](#) - Haddon, Mark

[The Dangerous Art of Blending In](#) - Surmelis, Angelo

[Frozen \(2nd book in series\)](#) - Bowman, Erin

[The Graveyard Book](#) - Gaiman, Neil

[Hey, Kiddo](#) - Krosoczka, Jarrett J.

[Hollow City \(2nd book in series\)](#) - Riggs, Ransom

[I Am Not Your Perfect Mexican Daughter](#) - Sanchez, Erika L.

[Marcelo in the Real World](#) - Stark, Francesco

[Paper Towns](#) - Green, John

[The Poet X](#) - Acevedo, Elizabeth

[Their Eyes Were Watching God](#) - Hurston, Zora Neale

[Undeclared: Jim Thorpe and the Carlisle Indian School Football Team](#) - Sheinkin, Steve

[When I Was Puerto Rican](#) - Santiago, Esmeralda

Your teacher next year will assess your understanding of the text in class. Read the book; there is no written assignment over the summer. For all students entering 10th grade, please note: If you would like to read a title other than those listed here, contact Mrs. Ogden, Arlington High School English Coordinator, for approval via email: logden@acsdny.org.

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Second Semester Outstanding Admirals

Congratulations to the following students on being nominated by one of their teachers and named as an Outstanding Admiral for the House of 2022! Students were nominated based on the character and citizenship traits listed below:

respectful, responsible, punctual, optimistic, self-motivated, persevering, cooperative, resourceful, kind, tolerant, honest, polite, considerate, trustworthy

Mina Ayala	Nicole Guzman	
Lorenzo Barnes	Julia Harris	Edgar Olmedo
Emily Bateman	Tommy Horan	Lauren Orrico
Angelina Bernhardt	Megan Jarc	Joe Peyton
Lexi Bloomer	Deanna Joseph	Gavin Pruner
Nick Boyd	Clarisse Kamen	Gabrielle Rice
Luisa Capetillo	Matt Kelley	Heidy Ruiz
Bradden Casey	Joseph Kennedy	Eduardo Ruiz
Samantha Constable	Sarah Kleban	Isabella Santoli
Ashley Cookingham	Jake Lombardo	Ryan Scott
Krystal Davis	Leslee Lopez	Jason Sickles
Aidan DeClemente	Morocho	Deshaun Smith
Andraya Easley	Anagha Ma Kumar	Ashley Staffa
Dominic Giaimo	Everlin	Casey Stowell
Cody Gibbs	Martinez-Marcial	Isabella Turner
Sierra Gibson	Leah Mayerhauser	Maegan Valdez
Adrian Gomez	Marina Milanese	Zachary Vanikiotis
Therese Gomez	Leah Mohammed	Emely Velasquez-Garcia
Kori Grey	Jack Mulcahy	John Weatherup Jr.
Nanxueyi (Alice) Guo	Julia Murphy	Isaiah Williams
Mackenna Gustin	Ben Nathanson	Angela Ye
Fernanda Gutierrez-Lavariaga	John O'Brien	
	Ogechi Okafor	

THANK YOU AHS PTSA!

The Parent-Teacher-Student-Association (PTSA) provides funding and support for many initiatives here at AHS. Please visit the [AHS PTSA website](#) under the Parents section of the AHS website or visit them on [Facebook](#) or [Twitter](#). The East House thanks the PTSA for all you have done to support Arlington High School and the Class of 2022.

INFORMATION NIGHT SERIES: SOPHOMORE PARENT NIGHT

Thursday, October 10th at 6:30 pm in the Auditorium

An evening program designed to provide the sophomore parents and students with an in-depth look at the Family Connection / Naviance Program and the many useful ways it can help you and your child explore college and career options. Students are welcomed to attend. We look forward to seeing you there!

Important Attendance Information

When a student is absent or tardy, the school must obtain a signed “excuse” or “note” from the parent or guardian showing:

- (1) the student’s full name
- (2) days and dates absent from school
- (3) the reason for absence or tardiness

NOTE: We now have a new email address for attendance. Please use this email when you are sending in a note for your child. The email address is as follows: ahsattendance@acsdny.org

When tardy, the expected arrival time to school is to be stated in the excuse note. This note is to be presented to the Attendance Office (in front lobby) immediately upon entering the school. Upon receipt of the excuse, an admit pass will be issued to the student which must be shown to their entering period teacher. For further details on the attendance policies and disciplinary consequences related to attendance, please visit the [Student Handbook](#).

Homework Request Policy

- Students who are out for one day, should have a contact person in each of their classes who they can call and find out what they have missed. Students shouldn’t wait to get back to school and have two nights of homework to do in one night!
- Students are advised to email their teachers directly ([Teacher’s Directory](#)) to request work that can be emailed to the student. Students can also check their teachers’ webpages for assignments.
- If a student is out for two or more days, you may contact the guidance secretary before 9 am at 486-4860 Ext. 31123. You will be able to pick up assignments at the Bubble (security desk at front door) after 2:30 pm, or you can ask that a neighbor or a sibling bring the work home.

Locking Valuables During PE Classes

All students are strongly encouraged to lock up personal and valuable belongings in a gym locker during PE classes. Please bring your own lock and make sure the combination or key is not compromised. If students are unaware of a safe place for storage, please contact your PE teacher.



Lunch Information: Click here: [School Lunch](#)



The morning announcements can be seen here: [AHS Broadcast Channel](#)

Link Crew - Students helping Students: [Link Crew Information](#)

College & Career Planning Begins Today!

Each day you walk into school you are creating a résumé for college and career opportunities. All students should arrive to class on time and prepared to learn each day. There are several upcoming events students can begin planning for today, including required entrance exams, portfolios, internships, college or scholarship essays, community service, and extracurricular activities that may be required or helpful to enter your desired program of study post-high school. For more information about the [College Application Process](#), standardized testing prep, and course selections, please visit the [AHS Guidance Web Page](#).

AHS Assembly Day!

Thursday, September 26th

Invited 10th Grade Guest Speaker: Craig Scott



Craig was a student in the library of Columbine High School on April 20, 1999. He was under a table with two of his friends who were both killed, and his sister Rachel was the first person killed that day.

Since then, for over 20 years, Craig has spoken to millions of students in American public schools. Craig has given keynotes for the American Association of School Administrators (AASA), the National Education Association (NEA), and the National PTA Conference. Craig was also appointed by President Bush to the National Council on School Safety. Featured in countless news media interviews including Oprah, The Today Show, and Good Morning America, he continues to receive interview requests and has become “a go to” expert concerning teen issues.

After 20 years of partnering with schools and speaking/listening to students, Craig has come to understand that teen issues are directly related to how students view and see themselves, a byproduct of not understanding their value. If a student believes they have high intrinsic value and identify with this high value, they choose things that match that identity. Students who value and respect themselves make more positive life choices and are more likely to show value and respect to others.

Source: Adapted from <https://value-up.org/>

Alcohol and Substance Abuse Resources

Please click the link below to access resources for preventing, recognizing, and seeking help for substance abuse issues.

[Alcohol and Substance Abuse Resources](#)

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Academic Support



Help is available!

- Have you stayed after with your teacher? If not, find out when your teacher stays after – your teacher is your best resource for extra help. You can find your teacher's email address and other information in the [Teacher's Directory](#) found on the AHS website. Late bussing is available at 3:25 pm - just get a pass from your teacher.
- Need more help with math? Then stop by the **Math Learning Center (MLC)** in **room 1450** during lunch or study hall. The MLC is open every period, every day, and is staffed by one of our math teachers. **Simply ask your math teacher for a pass.**
- The **Foreign Language Lab in room 2125** will be available during lunch periods 5,6,and 7. Ask your foreign language teacher or guidance counselor for more information.
- Need help with writing a paper for ANY subject? Visit the **Writing Lab in room 1449** and an English teacher will help you craft that great essay! See your ELA teacher for more details.
- Sign up to receive a **PEER TUTOR!** Work one on one with a student who has excelled in the subject you are struggling with. You and your tutor set the date and time that you will meet. This is a free service offered through the guidance department. Ask your guidance counselor for more information.
- Go see your **guidance counselor!** Your counselor can assist you with study skills, test taking strategies, organization, and note-taking.

Parent Portal Information

Progress Reports and **Report Cards** are not mailed home, so the SchoolTool Portal is the only way to view this important information! The Portal also provides parents and students with secure online access to see a student's **Emergency Contacts, Daily Attendance, Course Schedules and Discipline.**

It is our hope that the SchoolTool Portal will greatly improve the partnership between schools, parents, and students. For more information, please visit the following link: [Parent Portal](#)

Students should sign up for their own portal accounts using the following form: [Student Portal Form](#) also found in the above portal link. Fill out the form and return it to the East House Office!

[Using the Portal and Report Cards to Track Absences](#)

Understanding the critical relationship between attendance and school success, we encourage parents to review their child's second quarter report card carefully, noting the class absences. In order to view this on the parent portal, select the **grades tab**, make sure the view is on **Report Card** and click the **print icon** button to view the attendance on your screen. If you have any concerns regarding attendance or academic progress, please contact your student's guidance counselor or house administrators.

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Stay Connected with the House of 2022!

AHS and Class of 2022 Webpage

Much of the information in this newsletter can be found on the district, school, and house websites. For more information on many topics, please visit the Arlington High School and the Class of 2022 web pages - links below:

- [Arlington High School](#)
- [AHS Class of 2022](#)

Building Information

The high school will be open from 8:00 AM until 3:00 PM for the remainder of the summer for students to become oriented with the building, their lockers, and their classrooms. The offices are closed between 12:00 and 1:00 PM during the summer hours but are open during the other hours of the day. On Thursday, August 29th, and Friday August 30th, student representatives will be here during the day to provide assistance to students and families.

Please visit the AHS website for information on the following:

Athletics : Click here: [Athletics](#)

After School Clubs : Click here: [Clubs](#)

Lunch Information: Click here: [School Lunch](#)

Clubs and Extracurricular Activities: Get Involved!

We strongly encourage all students to explore the many options for clubs at AHS. If you're interested in joining a club, find out when they meet and stop in! Conduct a search of possible interests and then reach out to an advisor for questions about the clubs or accurate dates and times of meetings.

For more information on any of the clubs below, please email the advisor, check the [Activities Directory](#), or the [Clubs Directory](#).



Class of 2022 on Twitter!

Visit the Class of 2022 Twitter account [@ahshouseof2022](#)



District Mission

Our mission is to empower all students to be self-directed, lifelong learners, who willingly contribute to their community and lead passionate, purposeful lives.

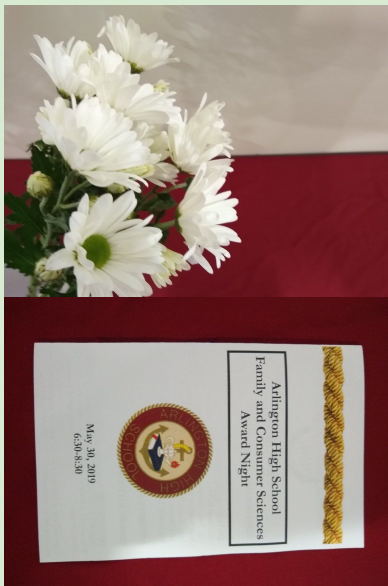
A Look Back at Freshman Year!



It was a wonderful end to the school year and a great start to summer last June at our 9th grade ice cream social!



FACS Department Awards Night!





A Look Back at the Music Program Freshman Year!



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Equity at AHS!

A focus on equity takes into consideration the varying personal experiences and social identifiers that impact students' educational opportunities including race, gender, ethnicity, socioeconomic status, disability, family background and others.

To address these inequities, school communities must first understand that diverse students have diverse needs. School communities have the power to advance educational equity by crafting new mindsets and practices.

- **Students please join us as a member of the AHS Student Council on Equity & Excellence** for the 2019-2020 school year. This is a great opportunity for you to be a leader in your school and in the larger community. Student participation and voice is integral to the work of “equity and excellence” in schools.
- **All parents/guardians in grades 9-12 at AHS are welcomed and encouraged to learn more about our equity work.** Parents and guardians are essential for sustaining and continuing the work of equity beyond the school walls.

Bell Schedules



REGULAR BELL SCHEDULE

WARNING BELL 7:25
PERIOD 1 7:30 - 8:16
PERIOD 2 8:20 - 9:06
PERIOD 3 9:10 - 10:01
PERIOD 4 10:06 - 10:52
PERIOD 5 10:57 - 11:43
PERIOD 6 11:48 - 12:34
PERIOD 7 12:39 - 1:25
PERIOD 8 1:29 - 2:15

TWO HOUR DELAY

WARNING BELL 9:25
PERIOD 1 9:30 - 10:01
PERIOD 2 10:05 - 10:36
PERIOD 3 10:40 - 11:16
PERIOD 4 11:21 - 11:52
PERIOD 5 11:57 - 12:28
PERIOD 6 12:33 - 1:04
PERIOD 7 1:09 - 1:40
PERIOD 8 1:44 - 2:15

THREE HOUR DELAY

WARNING BELL 10:25
PERIOD 1 10:30 - 10:54
PERIOD 2 10:58 - 11:22
PERIOD 3 11:26 - 11:55
PERIOD 4 12:00 - 12:23
PERIOD 5 12:28 - 12:51
PERIOD 6 12:56 - 1:19
PERIOD 7 1:24 - 1:47
PERIOD 8 1:51 - 2:15

Parent-School Communication

Contact your
child's
TEACHER
Regarding:

- Your child's academic work and performance
- Homework
- Parent conferences
- Classroom discipline

Contact your
child's **SCHOOL**
COUNSELOR
Regarding:

- Academic guidance
- Standardized testing
- Summer programs
- Tutors
- Interpersonal and family concerns
- Career Planning
- Scheduling

Contact the
DEPARTMENT
COORDINATOR
Regarding:

- Academic Programs/curriculum
- Clarification of above Items/subjects

Dept. Coordinators

Science – Emily Price x32203

English – Lucille Ogden x32435

SS – Kathy Bellino x32206

Math – Matt Hoyt x32207

LOTE - Daria McAndrew x32204

Spec. Ed – Stephanie Maher x31339

FACS - Stefanie Rice x31716

PE /Health- David Gatta x31248

Art - TBD x32208

Business - Lisa Greco x31170

Tech/Engineering - Kimberly Sweck x32205

Music - Rich Guillen x31136

Please Click
below:

[Staff Directory](#)

School Counselors

Casey Slinn-Haedt, (A-FA) x31192

Scott Jakubek, (FB-LEO) x31191

Sandi Tolworthy,(LEP-REN) x31193

Heidi Krueger, (REO-Z) x31194

Guidance Secretary

Cathleen Rubino x 31123

Other concerns or questions after communicating with the above :

Psychologist

Eileen Frering x31190

House Principal

Todd Richard x31127

Social Worker

Lindsay Ellis x31128

Assistant Principal

Juan Zucchero x31125

Athletic Director

Michael Cring x31246

Administrative Secretary

Cindy Westervelt x31121

School Phone: (845) 486 - 4860

Note- Arlington email addresses are *first initial last name @acsdny.org*
Example - Todd Richard is trichard@acsdny.org